

CLIENT PREPARATION & POST TAN CARE

PRE-TAN SKIN PREPARATION - 24 HOURS PRIOR

For the best results, we recommend skin to be thoroughly exfoliated prior to spraying. Exfoliating helps to remove any dead skin cells and enables the skin to absorb the tanning solution more effectively and evenly. We recommend the use of our Sunescape Tan Removal Mitt.

- 💧 Hair removal should be done a minimum of 24 hours prior to spray tanning.
- 💧 For waxing, we would even recommend 48 hours prior so that the skin has had plenty of time to calm and minimise any possible irritation.
- 💧 Waxing should never be done straight after a spray tan as this will remove the tan.

CLOTHING

- 💧 Ask your clients to wear loose dark clothing on the day, for comfort when departing and to avoid staining clothes. We also recommend slip on shoes.
- 💧 Be sure to offer your client a disposable g-string to wear, or otherwise we recommend dark underwear to be worn.
- 💧 Remove contact lenses and all jewellery prior to tanning.
- 💧 Tie hair up and provide your client with a disposable hair cap to avoid overspray in the hair.
- 💧 Provide all clients with a pair of Sticky Soles to avoid getting any overspray on the soles of their feet.
- 💧 Provide all clients with a disposable face mask to avoid any inhalation of tan overspray. This is an added precaution we recommend.

SKIN PREPARATION ON THE DAY

- 💧 Please ensure that your client has filled in our Client Preparation Questionnaire prior to tanning. See page 18 & 19.
- 💧 For best results, it is important that skin is dry and free from any oils, moisturisers, makeup and deodorant. Tans work best on dry, unperfumed skin.
- 💧 For clients who are unable to have their makeup and deodorant removed, we recommend having unscented makeup wipes on hand for removal prior to tanning.
- 💧 If the client has sensitive skin, we recommend a patch test be done prior to a full body tan either at the back of the knee or on the inside of the elbow.
- 💧 Lightly apply moisturiser or a barrier cream to areas of hard skin such as palms, heels, knees and elbows. This will prevent the tan from 'grabbing' onto areas that may not have been exfoliated sufficiently.

POST TAN

- 💧 At the end of the spray tan, be sure to wipe over the clients palms and finger nails to remove any overspray that may have gone onto these areas
- 💧 Our tans are Rapid 2 hour tans meaning that you can shower after only 2 hours. 'Summer in Santorini' is 1 hour.
- 💧 Following the client's shower, the tan will continue to develop for a further 6-8 hrs, so please ensure that this is explained to the client. Some may panic that the colour isn't dark enough, so it is important that it is understood that the tan will continue to develop and will not have reached its full colour until the next day.
- 💧 To prolong the life of the tan, advise all clients to:
 - 💧 When you shower, try to pat skin dry rather than rubbing with your towel
 - 💧 Keep shower short and not too hot.
 - 💧 Make sure to thoroughly wash hands and feet as these areas can be dry and the tan can grab there.
 - 💧 Avoid prolonged swimming in chlorine/saltwater pools and spas.
 - 💧 Avoid excessive exercise and sweating; this can cause the tan to fade faster.
 - 💧 Avoid the use of soap or body wash products that contain the ingredient Sodium Laurel Sulphate.
 - 💧 Moisturise skin morning and night.
 - 💧 DHA can be drying on the skin, so it is crucial that you keep skin well hydrated with Sunescape Body Butter.

*Results may vary with skin type.