

Pre & Post Care Guidelines

PRE-TREATMENT PREPARATIONS

- Discontinue use of Retin A, Retinols, Vitamin A creams and other topic medications for 4 days before treatment.
- Daily Use of SPF 30+
- Tyrosinase inhibitors should be used for a minimum of 2 weeks prior to treatment for a Fitzpatrick 3 and higher.
- Series of 3 LED treatments is recommended to enhance results.

POST-TREATMENT

DO:

- Use an Image post treatment kit for the following 4-7 days
- Avoid direct sun exposure for 2 weeks
- Use SPF 30+ or higher daily after 12 hours
- Wash the face a few hours after treatment or before bed time using a gentle cleanser and tepid water. This will improve the appearance of the skin and also allow for better subsequent absorption of products applied to the treated area
- 12-24 hours post-treatment mineral makeup can be applied
- LED Treatments immediately after with Blue (415nm) and Near Infrared (830nm)

DO NOT: Scrub, pick or rub your skin, as this can lead to scarring.

AVOID	24 HOURS	2 DAYS	4-7 DAYS	7 DAYS	7-14 DAYS
Sunscreen	X				
Mineral Makeup	X				
Hot Shower	X				
Shaving	X				
Exercise		X			
Spas & Sauna		X			
Self Tanners		X			
Swimming		X			
AHAs & BHAs			X		
Benzoyl Peroxide			X		
Retinoids			X		
Hydroquinone			X		
Alcohol-Based Products			X		
Wax/Sugar				X	
Direct Sun Exposure					X