

CRYOPEN TREATMENT POST CARE INFORMATION

Immediately After Treatment

Post treatment and during the skin healing process it is normal to experience:

- Tingling and itching
- Mild warmth, redness and swelling around the treated area
- Treatment area may appear darker in colour, become slightly raised and flaky
- Mild crusting/scabbing
- Blistering

These symptoms may last for 7 –14 days and potentially up to 4 weeks. Duration will depend on the area being treated, the intensity of treatment and will vary from one person to another. Lesions on the body and skin that is less hydrated generally have a longer healing time. Following your recommended post care protocol will ensure successful results and speedy recovery.

Post-Care Instructions

To be applied daily for at least 5-14 days post treatment or until the skin has fully recovered:

- Clinical water based soothing and repairing gel, minimum morning and night or applied as needed.
- SPF 30+ or greater to the treated area

We recommend a follow up review with your therapist 2 weeks post treatment.

Strictly AVOID the below in the treated area for at least 5-14 days or until the skin has fully recovered:

- Picking, Scratching/Itching
- Excessively hot showers, bathing, spas or sauna and heat
- Soaking in water for long periods
- Friction and Exfoliation
- Direct ultraviolet exposure (sun and solariums)
- Further clinical treatments unless advised by your treating therapist
- Resurfacing actives such as AHA's, BHA's, Retinol

Your post care protocol may be altered by your therapist according to your individual needs and skin conditions

If you have any questions or concerns after your treatment give us a call.